

# Controlling Change with Choice

There is no need for one to hurt another,  
but does this mean I should call you my brother.

You may say that these fists bring pain and hate,  
in a way open for debate.

The emotions rage, anger and hate,  
leave me destined for a lonely fate.

Once controlling these emotions,  
were as difficult and unforgiving as the oceans.

But now I think twice before acting idiotic,  
this tends to be chaotic.

But now I think twice I look into the past,  
as I fear next time might just be my last.

But now I think twice,  
and so should you before you roll the dice.

You too should think twice.